



## DISCHARGE INSTRUCTIONS FOLLOWING RADIOFREQUENCY ABLATION (RFA)

The information and instructions below are intended to help you know what to expect after a Radiofrequency Ablation (RFA) and to answer questions you may have related to recovery.

Recovery usually takes about one week. However, this time frame can vary from patient to patient, so it is normal if you take a little longer. You may feel better the first day or two after the procedure, but then begin to experience common “post-ablation” symptoms. These symptoms occur as a result of the death of the tumor cells and may include some, or all of the following:

- **Fatigue**
- **Mild pain**
- **Lack of appetite**
- **Nausea**
- **Mild fever (less than 101 degrees)**

1. You may resume taking all your usual medications upon discharge from the hospital
2. You will be given a prescription for an antibiotic. It is very important that you take this medication as prescribed.
3. We will contact you one week after the procedure to check on your recovery and answer any questions you may have at that time.
4. If you experience severe pain, persistent fever of 101 or greater, nausea/vomiting so severe that you are not able to maintain fluid intake during evening or weekend hours, please contact our answering service **(901) 683-1890**.

Following your recovery period, you will be monitored through follow-up CT scans. Your follow-up CT appointment for one (1) month after the procedure is scheduled for:

Date: \_\_\_\_\_, Time: \_\_\_\_\_  AM  PM @ \_\_\_\_\_

YOUR CLINIC visit is scheduled for:

Date: \_\_\_\_\_, Time: \_\_\_\_\_  AM  PM @ 7695 Poplar Pike, Germantown, TN.

**We are always available to answer any questions or concerns that you may have (901) 683-1890.**