



FOLLOWING YOUR PROSTATE ARTERY EMBOLIZATION (PAE) PROCEDURE

Medicines

- Take all antibiotics as directed.
- Take anti-inflammatory as directed to decrease pain and inflammation.
- Take pain medication as needed.
- Azo (pyridium) for burning when voiding.
- **Vesicare (solifenacin) for urgency **notify our office prior to taking**.**

Activity/Restrictions

- You may gradually increase your daily activity.
- No driving for 24-hours after discharge from hospital.
- No lifting more than 5lbs for 5 days.
- You can shower the next day and take the bandage off after 48 hours. Cover with band aid until healed.

Nausea

- You may or may not experience nausea post procedure.
- Resume regular diet as tolerated.

Pain

- You may or may not experience cramping or pain post procedure. This is common and to be expected.
- Take the pain medicine if you need it.
- Take anti-inflammatory as instructed to decrease pain and inflammation.

Bleeding

- You may see a small amount of blood in urine. This is normal. Report if large amount.
- Report any bleeding from puncture site to your doctor immediately.

Constipation

- If you experience constipation – use a laxative of choice.

Miscellaneous

- You may run a low grade fever after procedure. Report any temperature over 101°F.
- If you need assistance after office hours, please call the office number at (901) 683-1890. The answering service will notify the physician on call.
- You may remove the dressing the morning after the procedure.

Your follow-up procedure for 4-6 weeks after the procedure is scheduled on: _____ at _____ AM PM
at the Memphis Vascular Center with Dr. _____ .

Schedule your follow-up appointment with your urologist 1-2 weeks after procedure.

Please call (901) 683-1890 with any questions or problems.