



INSTRUCTIONS FOR SCLEROTHERAPY PATIENTS

- Shower before your visit, as you will not be permitted to shower after the procedure for 24-hours.
- **Prior to your appointment, please shave the operative leg(s).**
- Do not apply any type of moisturizer to your legs on the day of the procedure.
- Be sure you have obtained a pair of compression hose BEFORE your appointment and bring with you the day of the procedure. These hose may be purchased at our office for a cost of \$50.
- Wear loose clothing that can be pulled over the stockings after the procedure.
- **Also be sure to wear or bring shorts to your scheduled appointment.**
- Take medications as usual.
- Eat a light breakfast on the morning of your procedure. If your procedure is scheduled in the afternoon you may eat a light lunch.
- If pain medication is needed, you may take Tylenol. DO NOT take products like: Motrin, Advil, Ibuprofen, Aleve or Aspirin.

If you have any questions or concerns prior to your appointment, please call (901) 683-1890.