



INSTRUCTIONS FOR VEIN ABLATION PATIENTS

- Shower before your visit, as you will not be permitted to shower after the procedure for 24-hours.
- **Prior to your appointment, please shave the operative leg, as well as 1-2 inches into the pubic area on that side.**
- Do not apply any type of moisturizer to your leg on the day of the procedure.
- Wear loose clothing. Avoid wearing flip-flops the day of the procedure due to compression hose.
- Be sure to bring your pair of prescription compression hose with you the day of your procedure or you may purchase them at our office.
- Your follow-up ultrasound will be scheduled the day of the procedure.
- Eat a light breakfast on the morning of your procedure.
- If pain medication is needed, you may take Tylenol. DO NOT take products like: Motrin, Advil, Ibuprofen, Aleve or Aspirin.
- Arrange for a ride home after the procedure.

If you have any questions or concerns prior to your appointment, please call (901) 683-1890.